





**DATE & TIME:** October 3-4, 2020

October 24/25, 2020 November 14/15, 2020

GAME TYPE: Junior Academy will pay 7v7

U11-12 will play 9v9 U13-19 will play 11v11

Offside applies. .

FIELDS: All games will be played at Bob Keefer Center for Sports and Recreation, Springfield, Oregon.

## FIFA RULES APPLY IF NOT MODIFIED WITHIN

**NUMBER OF PLAYERS:** Players can play with more than one team. Coaches should make every effort to create games that are compatible.

**SUBSTITUTIONS:** Substitutions may be made at any time during a stoppage of play at the half line.

**EQUIPMENT:** All players must wear shin guards. No jewelry of any kind may be worn. No taping of jewelry is allowed. Medical identification bracelets are the only exception and should be taped. Any player without shin guards will not be allowed to play. Designated home team will wear red uniforms, Away team will wear all black uniforms. All players should bring their practice shirts with them to possibly change in alternate color. Numbers on the jerseys are not required.

BALL SIZES: U7 - U12 → size 4 U13-U19 → size 5 Game balls are provided by ETFC and shall be returned to the Center Referee at the completion of the game. Balls will be sanitized at beginning of game, at half time and at the end. If any player accidentally touches the ball with their hands, the ball will be sanitized. Goalkeeper should be reminded not to spit in their gloves.

#### FIELD DIMENSIONS:

- Junior Academy will play Academy goals with 60 yards long and 40 wide.
- U11-12 will play Academy goals from penalty box to penalty box and 50 wide
- U13-19 will play full size goals and full sized field

### **GAME DURATION:**

- Junior Academy will play two 30 minutes halves
- U11-14 will play two 35 minutes halves
- U15-19 will play two 40 minutes halves

No injury time will be added.

#### TIMELY START OF GAMES:

• All JA games will start at 10:30, etc. Half time is 5 minutes and 2<sup>nd</sup> half will start at 9:05. Game should be over by 9:35. Move off the field at 9:45 at latest. Warm up time is from 10am to 10:30am.

- All U11-14 games will start at 8:25, 10:25, etc. Half time is 5 minutes and 2<sup>nd</sup> half will start at 9:05. Game should be over by 9:40. Move off the field at 9:50 at latest. Warm up time is from 8am to 8:25am.
- All U15-19 games will 8:20, 10:20, etc. Half time is 5 minutes and 2<sup>nd</sup> half will start at 9:05. Game should be over by 9:45. Move off the field at 9:50 at latest. Warm up time is from 8am to 8:20am.

**REFEREE:** We will use 1 referee for U11-12 games, and 3 refs for U13-19 games. Older players will referee the game and do the best they can.

**TEAM AND FAN AREAS:** Each player can bring 2 spectators. We will establish two areas, one for the Home team, and one for the Away team. Each side will have 15 physically distanced cones for spectators. Once the cones are occupied no more spectators can be allowed in. We have to monitor the overall number at the facility and will monitor. All spectators must wear a mask, remain socially distant, and remain far away from sidelines. **Please do not touch the ball with your hands if it rolls to you**. If you watch from the parking lot, please observe the same rules of social distance and wearing a mask.

Team areas are strictly for coaches and players. Players will also each have a rest station socially distanced. We ask players to wear a mask arriving to the field. They have to wear a mask during play. If they are not playing, we ask them to remain socially distant on their rest stations with a mask on.

All coaches must wear a mask and remain socially distant from the players.

**KICK-INS:** The ball shall be kicked into play from the sideline instead of thrown in.

# No slide tackling

NO HEADERS FOR U11-12 age groups.

**SIDELINE BEHAVIOR:** A coach may not enter the field of play except upon the referee's signal. Coaches, players, parents and spectators shall not harass or distract players or referees. Infraction of these rules will result in a caution, followed by ejection and appropriate disciplinary action as determined by the Tournament Director. No coach is to make derogatory remarks or gestures to the referee, players or spectators. Spectators are expected not to coach.

# ALCOHOLIC BEVERAGES, GLASS CONTAINERS, AND SMOKING ARE PROHIBITED ON ALL FIELDS. NO EXCEPTION!!!!!!!!!!

**SPORTSMANSHIP:** Players, coaches and spectators are expected to act in the nature of good sportsmanship at all times. Abuse of the referees will not be tolerated. Any instance of such conduct will disqualify the responsible team from the event.

**PLAYER SAFETY:** A player who demonstrates signs of concussion as a result of an observed or suspected blow to the head or body must leave the field and may not return to play in that match. Referees will include in their match report information about any player required to leave the field because of a suspected concussion. A player who has been removed from a game by a referee because of a suspected concussion is ineligible to play until the league director has received a copy of a medical release signed by a health care professional that authorizes an unrestricted return to competition.

Coaches should be aware that SB 721, enrolled as **2013 Oregon Laws Chapter 489**, is effective January 1, 2014. If a player exhibits signs of concussion following an observed or suspected blow to the head or body, a coach is prohibited from allowing that player to participate in any competition until the player has been cleared to return to play by a health care professional.